



Vol. 16 No. 4

February - March 2004

Ela Township Senior Services

Sue Neuschel, Director of Adult & Senior Services

Ela Township "55 Plus"

From the Desk of Sue Neuschel

Dear Member:

February is the month with the holiday, Valentine's Day, a day set aside to honor our relationships with family and friends. For those who have lost a spouse or loved one in the recent past, this holiday can be poignantly painful. Yet it is important that we remember that it is our relationships, not achievements or the acquisition of things, which matter most in life, as Rick Warren reminds us in the *Purpose Driven Life*. Valentine's Day is not for "sweethearts" only. It is an opportunity to let others know that they are in our thoughts and hearts. Mother Teresa said, "It's not what you do, but how much love you put into it that matters."

So many words about loving and caring have been written. None are as precious as your own when you share them with someone you care about. The following are a few of my favorite quotes that remind me that appreciating and nurturing relationships should be an ongoing process, not just on Valentine's Day.

"Keep in mind that the true measure of an individual is how he treats a person who can do him absolutely no good." – Ann Landers.

"The best way to cheer yourself up, is to try to cheer somebody else up." – Mark Twain

"Blessed are those who have the gift of making friends, for it is one of God's best gifts. It involves many things but above all, the power of going out of one's self, and appreciating whatever is noble and loving in one another." – Helen Keller

In Friendship,
Sue Neuschel

TRIPS TRIPS TRIPS TRIPS TRIPS

THE RICHMOND INN

The Richmond Inn Valentine Tea, Richmond, IL, Friday, February 13, 9:30 a.m. - 2:30 p.m.

We will be traveling to Richmond, IL, to visit the historical Richmond Inn. The Inn was originally built in 1893, and was completely restored in 1996 to its original charm, brilliance, and elegance as a bed and breakfast. In 2000 the inn started serving traditional English Tea, reminiscent of the tradition experienced by the owners while traveling throughout the English countryside. The chef prepares traditional English scones and crumpets, followed by wonderful finger sandwiches and a trio of delectable desserts. Before lunch, with the aid of an instructor and assistant, each guest will have the opportunity to design and customize a valentine greeting card and match-

ing envelope. After our lunch, Victorian Carolers dressed in traditional Victorian costumes will perform a Valentine medley.



The menu consists of: First Course, individually served scone, crumpet wedge and wild blueberry muffin served with blackberry preserves, orange marmalade, Champagne jam, and Mascarpone Devonshire Cream. Finger Sandwich Course, apple basil chicken salad sandwiches, traditional cucumber and watercress sandwiches, tomato bacon

sandwiches, and smoked salmon sandwiches. Desert Course, Dessert trio plate.

We will leave at 9:30 a.m. and arrive home at 2:30 p.m. The cost for the luncheon and deluxe transportation is \$36.50 per member, \$41.50 per guest. Pre-registration is required.

TOMMY GUNS GARAGE TRIP



Tommy Guns Garage Trip, Chicago's Roaring Twenties Speakeasy, Wednesday, March 31, 11:15 a.m. - 4:45 p.m.

Not long after the turn of the century, in a decade known as the Roaring Twenties, the manufacture and sale of alcoholic beverages was outlawed and strictly prohibited. Nevertheless, men like Alphonse Capone and his mafia family refused to adhere to the law, opening illegal speakeasies across the city of Chicago, offering alcoholic, gambling and hotbox enter-

tainment. Tommy Gun's Garage is "Chicago's only original Interactive Speakeasy Dinner Theater."

Our luncheon entree choices are: 1, Pork Chops, or 2, Lasagna, or 3, Boneless Breast of Chicken with Lemon Herb Sauce. All entrees include salad, vegetable potato, dessert, coffee, tea or soft drink.

After our luncheon, join "Vito," "Gloves," "da mugs," and "da molls" for non stop comedy and dangerous fun as dey entertain us wit singing, dancing and audience participation. Da mugs and da dolls dance and sing da Charleston and udder musical selections from Cole Porter, George Gershwin, Fats Waller, Duke Ellington and more. We will leave at 11:15 a.m. and arrive home at approximately 4:45 p.m. The cost for the luncheon, show and deluxe transportation is \$41.00 per member and \$46.00 per guest. Pre-registration is required.

SPECIAL EVENTS SPECIAL EVENTS SPECIAL EVENTS



Caribbean ... Hot, Hot, Hot, Sunday, February 29, Ela Area Public Library, 2:30 p.m. - 4 p.m.

On Sunday, February 29, when Chicagoland promises nothing but cold, cold, cold, escape winter and enjoy the hot sounds of the tropics during this family event co-sponsored with Ela Area Public Library. In addition to the hot sounds of the Tom Carey Band playing their "Caribbean Soul," tasty ethnic refreshments will be provided by Julio's Latin Café.

The Tom Carey Band has become a mainstay of the Midwest music scene with their lively steel drum combos. Their engaging mix of soulful and imaginative sounds is the next best thing to being somewhere warm. They have played at Jimmy Buffet's Margaritaville and have shared the stage with the Doobie Brothers, Charlie Daniels, America, Bad Company, 38 Special, The Lovin' Spoonful, The Guess Who, The Spinners, Koko Taylor, and many others. This concert is open to all Ela Township residents and their guests. There is no cost for this program, but you are asked to bring canned goods or non-perishable boxed food items for admission to this special event at the Ela Area Public Library. Food

donations will help feed needy residents from the St. Francis de Sales Church food pantry. Space is limited so you must pre-register on the registration form at the end of the Newsletter, or at the Ela Area Public Library.

Cuisine Club, Special Taste of Paris, D & J Bistro, Lake Zurich, Thursday, February 26, 11 a.m.

Back by popular demand, D & J Bistro will entice members with a gourmet meal consisting of a salad with Boston lettuce, radishes, julienne of carrots and Dijon Vinaigrette dressing; and choice of entrees: 1, La Volaille Dijonnaise, boneless breast of capon, mustard crust, fresh spinach; or 2, Tilapia, potato

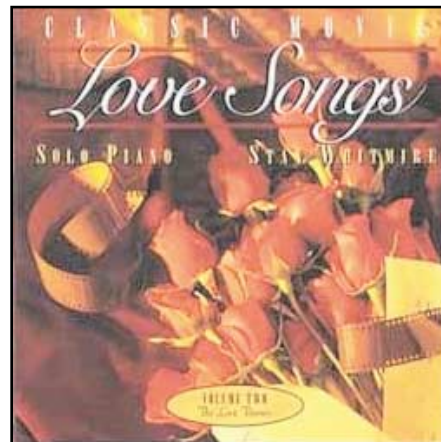


crusted pan roasted, champagne sauced fish of the day; or 3, skewered Beef Sirloin, with hand mashed potatoes. Our dessert: Protierolles au Chocolate, puffed dough, vanilla ice cream and chocolate. Ruth Hoffman will help teach us how to order in French.

After lunch, we will enjoy some delightful French music. The cost of this sumptuous meal and entertainment is \$14.50.

Love Makes the World Go Round Luncheon, Ela Township Senior Center, Friday, February 20, 11 a.m.

The "New Beginnings" choral group is guaranteed to brighten



the day with familiar melodies. Join friends for a meal consisting of Chicken Parmesan with spaghetti, garden salad, green beans, garlic bread, and dessert lemon bars.

The cost of this luncheon and show is \$3.75. Space is limited so register early.

Teddy Bear Love Connection, Seth Paine School, Lake Zurich, Thursday, February 5, 1:15 p.m. - 3 p.m.



Once again the Teddy Bear "factory" will be in operation. Ela Township "55 Plus" members and the Seth Paine Elementary second graders will dress teddy bears for children with cancer and AIDS, and mentally handicapped adults in group homes. Join in this fun and heartwarming intergenerational activity.

Teddy Bear Tea, Seth Paine School, Lake Zurich, Thursday, February 12, 1:15 p.m.

Using the teddy bears that were "outfitted" in the previous week, Ela Township "55 Plus" members and Seth Paine School second graders will celebrate with a catered tea with classical music. Pre-registration is required.

Touch of the Irish, Dan Sullivan Luncheon, Ela Township Senior Center, Friday, March 5, 11:30 a.m.



On this return engagement, Dan Sullivan, will share his "Irish Medley." His songs come from his two Irish albums, and include A Little Bit of Heaven, I'll Take You Home Again Kathleen, Peg of My Heart, Danny Boy, and Who Threw the Overalls in Mrs. Murphy's Chowder. "This show has evolved all of my life - I'm Irish!"

In keeping with the theme, the menu will be corned beef and cabbage, red potatoes, peas, and carrots, garden salad, rye roll, and green cream puffs. The cost of this luncheon and show is \$3.75.

HERE'S WHAT IS HAPPENING IN OUR DROP-IN CAFÉ!!

On Mondays and Tuesdays, we have opened a Drop-in Café at the

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SPECIAL EVENTS

Drop-In Café

Continued from page 2



Ela Township Senior Center. Advance reservation for these meals is not necessary. Members are encouraged to drop in before or after activities to enjoy soup and sandwich on Mondays; and Hot Dog Day on Tuesdays.

- Monday, February 2: Chili, corn muffins, fruit, and ice cream sundae
- Monday, February 9: Beef stew, rolls, tossed salad, and strawberry Valentine cake
- Monday, February 16: Tuna salad sandwiches, chicken noodle soup, fruit, and lemon cake
- Monday, February 23: Chicken Spaghetti, roll, tossed salad, and Italian dessert
- Monday, March 1: Bean Soup, ham and cheese sandwiches, and fruit pie
- Monday, March 8: Minestrone soup, turkey wrap sandwich, and pudding
- Monday, March 15: Reuben Sandwich, pickle, chips, and fruit
- Monday, March 22: Allspice meatball stew, rolls, fruit, and sugar-free lemon pie
- Monday, March 29: Barbecue beef, potato salad, fruit, and pound cake

On Tuesdays, hot dog & fixings, chips, pickles, salads, and special desserts are served.

EDUCATION EDUCATION EDUCATION

Art Class, Ela Township Senior Center in the Foglia YMCA, Tuesdays, February 3 and 24 and March 9 & 23, 10:30 a.m.

Our very own Diane Joseph Feldman will teach basic principles of drawing and sketching, colored pencils and watercolors. We have a few openings for this special class. There is a \$5 monthly fee.



Life Story Writing, Village Bank & Trust Board Room, 444 N. Rand Road, North Barrington, Wednesdays, February 4 and 18, and March 10 & 31, 10 a.m. - 12 noon



Recalling the past, informing the present and guiding the future, is the theme of our writing your life-story class. Members have fun writing and sharing anecdotes of their lives while learning how to focus and organize the stories. These writings will be cherished gifts to their families. This ongoing class meets twice a month and may be joined at any time. There is a \$5.00 monthly fee.

Needleworks & Crafts, Ela Township Senior Center, Monday, March 1, 10 a.m. - 11:30 a.m.

Do you find you put off mending or hemming? Is your closet filled with half finished hand needlework projects? Have you

always wanted to learn some skill, such as needlepoint, cross stitch, hand quilting, but were waiting for someone to teach you? If your answer is "yes" to any of these questions, this group is for you. Sit back and enjoy the coffee, treats and camaraderie as you work on a project of your own choosing. You must provide your own project materials. Our experienced instructors, Pat Jansen and Linda Perkins will be on hand to guide you. There is no charge for this class, but we ask that you pre-register.



Rules of the Road, Ela Township Senior Center, Friday, February 20, 9:30 a.m. - 11:30 a.m.

Randy Ramie will lead a refresher course for driving. Taking this course may allow participants to receive a reduction in their car insurance cost. There is no cost for this program, but you must pre-register.



Salads Galore, Ela Township Senior Center, Thursday, March 18, 10 a.m.

Chef Mark Allen will share how to make a variety of delicious salads and salad dressings. He will feature some heart healthy, low fat menus, and salads for the low carb dieters. Recipes will include fruit dripped with honey yogurt, tossed mixed greens with meats and cheeses, and pasta. After his pres-

entation, we will have a chance to taste and enjoy these delicious salads. There is a \$2.00 cost per member and \$2.50 cost per guest.

Senior Book Discussion, Ela Area Library in Meeting Room A, Mondays, February 23 & March 29, 9:30 a.m. - 11:30 a.m.

The selection for February's meeting is "Motherland" by local writer Fern Schumer Chapman. This book is a true story about Fern and her mother, Edith, who was orphaned by Nazis, and their journey to her hometown in Germany 52 years later. You can sign up with Ela Township "55 Plus" or by calling the Library's Readers Services Desk at 1-847-438-3433. Books for this class are reserved at the library for participants.



Valentine Sachet and Pin Basket Craft, Ela Township Senior Center in the Foglia YMCA, Friday, February 6, 10 a.m. - 11:30 a.m.

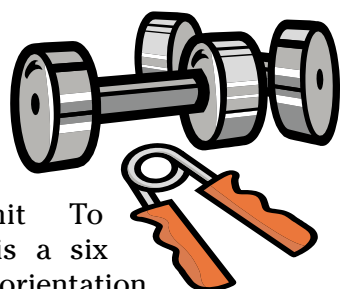


Create a Valentine gift for a special person. Heart shaped sachets and lovely fabric pins will certainly convey your Valentine thoughts. Pat Jansen and Linda Perkins will share their creative talents. The cost for this craft is \$2.00 per member and \$3.00 per guest.

Continued on page 4

SPORTS SPORTS SPORTS SPORTS SPORTS SPORTS SPORTS

Commit To Be Fit Level I, Foglia YMCA Wellness Center, all Tuesdays and Fridays in February and March, 1 p.m. - 3 p.m.



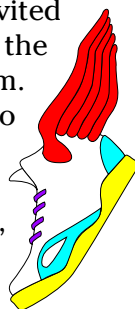
Commit To Be Fit is a six session orientation and supervised workout on the exercise machines in the Wellness Center of the Foglia YMCA. This program is geared for mature adults, who may or may not be familiar with fitness equipment and wish motivational coaching. The workout is designed to the individual's goals and abilities. Commit To Be Fit is held on Tuesdays and Fridays between 1 p.m. and 3 p.m. The fee is \$15.00 per participant. Members must pre-register. These checks must be made out to the Foglia YMCA and turned in at the front desk of the YMCA.

Commit To Be Fit Level II, Foglia YMCA, Wellness Center, all Tuesdays and Fridays in February and March, 1 p.m. - 3 p.m.

Members who have successfully completed the first Commit To Be Fit six week training course may continue to use the Fitness Center and machines on Tuesdays and Fridays between 1 p.m. and 3 p.m. There is a \$15.00 non-refundable monthly fee for this activity. These checks should be made out to the Foglia YMCA and turned in at the front desk at the YMCA.

Open Track, Ela Township Senior Center in the Foglia YMCA, all Wednesdays & Fridays in February and March 9 a.m. - 10 a.m.

Participants are invited to walk the track in the Foglia YMCA gym. Members are asked to sign in at the Senior Center first. There is no fee for this program, thanks to generous support of the Foglia YMCA.



Swinging Seniors Exercise Class, all Tuesdays in February and March, and the first and third Fridays in each month, 9:30 a.m. - 10:15 a.m.



This program is offered in conjunction with the YMCA. Kim Piers, Health Enhancement Director of the Foglia YMCA, leads the class in light stretching and walking exercises to music. This class is held in the Ela Township Senior Center. The monthly fee is \$12.00. Pre-registration is required. There is no refund if a participant is unable to attend all the sessions.

Tai Chi, Ela Township Senior Center, Foglia YMCA, all Thursdays, in February and March, 10 a.m. - 11 a.m.

Tai Chi is a graceful, balance related movement considered to be one of the most important

forms of exercise and meditation. It teaches awareness of body movements and helps discover harmony of mind and spirit. This practice improves circulation and strengthens bone and muscle. Sylvester Marshall is the Tai Chi instructor. The monthly fee of \$15.00 must be paid in advance. There is no refund if a participant is unable to attend all the sessions.

Water Fitness Classes, von Heimburg Aquatic Center, Foglia YMCA, Mondays, Wednesdays, Fridays, January 19 to February 21; two classes begin at 8:30 a.m. & 9:30 a.m.



Anyone can take free water fitness classes at either 8:30 a.m. to 9:30 a.m., or 9:30 a.m. to 10:30 a.m., at the von Heimburg Aquatic Center at the Foglia YMCA. Sign up the day of the class at the Senior Center, but pre-registration is not otherwise required. Space is limited to 25 participants in each class. After February 21, a class will be offered in the early afternoon just for our members. Please let us know if you are interested in the afternoon class; more details to follow.

EDUCATION EDUCATION EDUCATION

Continued from page 3

Watercolor Painting, Intermediate & Advanced, Ela Township Senior Center in the Foglia YMCA, All Wednesdays in February and March, 7 p.m. - 9:30 p.m.



Carol Sackschewsky is a long time instructor at Main Street Gallery and a juried artist. Instruction will focus on color and composition. Subjects include landscape and still life. Materials are not included. Participants pay monthly, at the rate of \$15 per scheduled class each month. Persons living outside of Ela Township pay an additional \$5 per month.

Wednesday Senior Club, Ela Township Senior Center, Foglia YMCA, All Wednesdays in February and March, 12 noon - 4 p.m.

The Wednesday Senior Club, under the umbrella of "55 Plus,"

has a different format than other groups that meet regularly at the Senior Center. The Wednesday Senior Club meets every Wednesday in the Senior Center. Fellowship and games are available at these meetings. Elected Advisory Council Members select monthly outings and special events. Trips are to local destinations on school buses donated by Lake Zurich and are reasonably priced to members. There are membership requirements and fees. For further information call Jake Reiser, President, at 1-847-540-0307. All members of the Wednesday Senior Club must also be registered as members of the Ela Township "55 Plus."

Photos by Elaine Geffert



CHRISTY'S CORNER COLUMN

**By Christy Wagner,
Outreach Coordinator,
Ela Area Library**

The staff at the library receives and answers hundreds of questions each month. Information is our business after all! I'd like to address some of the common questions we receive, in particular, questions that pertain to Outreach services through Ela Library.

Q. Does The DaVinci Code (or another best seller title) come in large print?

A. Any of our staff at a public service desk can assist you in researching whether a title is available in large print or other formats such as on tape or CD. If you're having a difficult time finding a book in large print or would like to make a suggestion for the library to purchase, please call me! And yes, we do own The DaVinci Code in large print!

Q. I'm traveling to Florida for an extended time, can I check out my books on tape for more than three weeks, I like to listen to them while I'm driving!

A. Certainly! When you check out your materials at our Circulation Desk inform the staff you will be traveling and would like an extension on your due date.

Q. My neighbor just had surgery and can't leave her home for several weeks. Is there a way she can still receive library materials during this time?

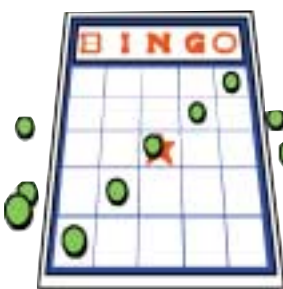
A. The Homebound delivery program is available to provide library materials on a weekly or monthly basis to patrons who are temporarily or permanently unable to visit the library. Please give your neighbor my name and number, I'd be happy to add her to our program.

Q. Do I need to register for the "Specially for Seniors" program?

GAMES GAMES GAMES GAMES GAMES

**Lunch Bunch Super Bingo,
Ela Township Senior Center in
the Foglia YMCA, All Thursdays
in February and March**

The Lunch Bunch will host a "Super Bingo" immediately following lunch. Special prizes will be awarded, such as store coupons, treats, and presents. A \$1.00 donation for Bingo will be collected.



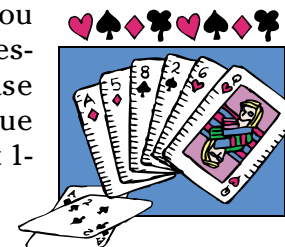
**Poker Group, All Tuesdays in
February and March at Ela
Township Senior Center in the
Foglia YMCA, 10:30 a.m. - 12 noon**

Persons seeking a few laughs and a few hours of poker are invited to join this committed group. A hot dog lunch, \$2.50, will be available at the Center. There is no charge for this group and snacks are provided. If you have questions, please call Nancy Newman or Sue Neuschel at 1-847-438-9160.



**Bridge Group, Ela Township
Senior Center in the Foglia YMCA,
All Tuesdays in February and
March, 12 noon - 3 p.m.**

People with different skill levels are encouraged to come to this fun activity. Snacks will be provided. There is a \$1.00 fee for this group. You need to sign up for this activity. If you have questions, please call Sue Neuschel at 1-847-438-9160.



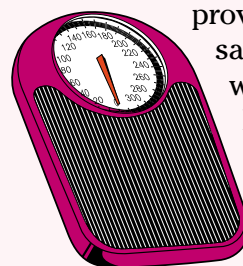
HEALTH HEALTH HEALTH HEALTH HEALTH

**Naprapathy, Ela Township
Senior Center in the Foglia
YMCA, Thursdays, February 26
and March 25,
10 a.m. - 3:30 p.m.**

Dr. Greg Shopshire from the Safe Waters Health Care Clinic in Lake Zurich will give naprapathy sessions for members of Ela Township "55 Plus." Naprapathy helps with the joints, ligaments, and promotes circulation. There is no cost for this clinic but pre-registration is necessary. Drop-ins will be accepted after registrants are taken care of. A \$3.00 donation to Dr. Shropshire for his time would be appreciated.

**Weight Watchers, Ela Township
Senior Center, Foglia YMCA, all
Wednesdays in February and
March, 9 a.m. - 10 a.m.**

Weight Watchers has found a home at the Ela Township Senior Center located at the Foglia YMCA. Weigh in begins at 9 a.m. followed by a meeting conducted by Cyndi Smith. Weight Watchers provides a fun and safe atmosphere where you can learn to make changes to become a healthier, thinner new



you. For information, call 1-800-651-6000. The cost per week is \$9.95, which is payable at the door.

**Care Coach, Ela Township
Senior Center, Foglia YMCA,
Lake Zurich, Tuesdays,
February 10, & March 9, 10
a.m. - 1 p.m.**

The Care Coach from Lake Forest will be screening blood pressure, blood sugar testing, lung function, and cholesterol, from 10 a.m. to 1 p.m.



A. It is extremely helpful if patrons register for library programs. Those that require registration have an R next to their description in Footnotes, the library's community newsletter. Sometimes space is limited so it is always advised to call and sign up for a program in which you are interested.

As always, our staff is available to help you research your questions, locate a book or make a suggestion for a "good read".

DATES TO MARK FOR FUTURE EVENTS



**MAY 6
JUNE 23**

SEPTEMBER 9

**DECEMBER 3
DECEMBER 6**

**Ethnic Chicago Trip
Lake County Senior
Celebration
South Pacific, Fireside
Theater
Happy Holiday Party
Fireside Christmas Show**

RESERVATION FORM

Please detach and mail this form along with SEPARATE CHECKS FOR EACH EVENT or ACTIVITY to Ela Township "55 Plus", 99 E. Main Street, Lake Zurich, IL 60047; or bring your reservations to the Senior Center at the Foglia YMCA. If you have any questions, please call us at 1-847-438-9160. Please sign up for February and March events right away. February events must be paid when you sign up! March events must be paid by February 15th. Since space for events and programs is limited, reservations are accepted on a first come, first served basis.

FEBRUARY 2004 CALENDAR

- ☐ Art Class, Tues., February 3 & 24, \$5.00 per month (must pay for whole month)
- ☐ Bridge, All Tues. - \$1.00 donation at door
- ☐ Care Coach, Tues., February 10 - FREE
- ☐ Caribbean Concert, Sunday February 29, FREE with canned goods donation for food pantry
- ☐ Commit To Be Fit I, All Tues. & Fri. - SIGN UP & PAY YMCA
- ☐ Commit To Be Fit II, All Tues. & Fri. - SIGN UP & PAY YMCA
- ☐ Cuisine Club, D & J Bistro, Thurs., February 26 - \$14.50 members, \$17.50 guests
- ☐ Life Story Writing, Wed., February 4 & 18 - \$5.00 per month
- ☐ Love Makes the World Go Round Luncheon & show, Fri., February 20 - \$3.75
- ☐ Lunch Bunch Super Bingo, All Thurs. - \$1.00 donation at door
- ☐ Naprapathy, Thurs., February 26 - \$3.00 donation suggested
- ☐ Open Track, All Wed. & Fri. - FREE
- ☐ Poker Group, All Tues. - FREE
- ☐ Rules of the Road, Fri., February 20 - FREE
- ☐ Senior Book Discussion, Mon., Feb. 23 - FREE
- ☐ Swinging Seniors Exercise Class, All Tues. & 1st & 3rd Fri - \$12.00 per month
- ☐ Tai Chi, All Thurs. - \$15.00 cost per month (must pay for whole month)
- ☐ Teddy Bear Love Connection, Thurs., February 5 - FREE
- ☐ Teddy Bear Tea, Thurs., February 12 - FREE
- ☐ Valentine Sachets and Pins Craft, Fri., February 6 - \$2 per member, \$3 per guest
- ☐ Valentine Tea, The Richmond Inn, Friday, February 13 - \$36.50 per member, \$41.50 per guest
- ☐ Water Color Evening Class., All Wednesday evenings 7 p.m. - 9:30 p.m. - \$60 per member, \$65 non Ela Township participants.
- ☐ Water Fitness Class, Mon., Wed., Fri., Jan. 19 to Feb. 21 - FREE
- ☐ Wednesday Senior Club, All Weds. - Call for information
- ☐ Weight Watchers, All Weds. - \$9.95 per week



MARCH 2004 CALENDAR

- ☐ Art Class, Tues., March 9 & 23 - \$5.00 cost per month (must pay for whole month)
- ☐ Bridge Group, All Tuesdays - \$1.00 donation at door
- ☐ Care Coach, Tues., March 9 - FREE
- ☐ Commit To Be Fit I, All Tues. & Fri. - Pay YMCA
- ☐ Commit To Be Fit II, Tues. & Fri. - Pay YMCA
- ☐ Dan Sullivan Luncheon & Show, Friday, March 5 - \$3.75
- ☐ Life Story Writing, Wed., March 10 & 31 - \$5.00 per month
- ☐ Lunch Bunch Super Bingo, All Thurs. - \$1.00 donation at door
- ☐ Naprapathy, Thurs., March 25 - \$3.00 donation suggested
- ☐ Needleworks and Crafts, Mon., March 1 - FREE
- ☐ Open Track Walking, All Wed. & Fri. - FREE
- ☐ Poker Group, All Tues. - FREE
- ☐ Salads Galore, Thurs., March 18, \$2 member, \$2.50 guest
- ☐ Senior Book Discussion, Mon., March 29 - FREE
- ☐ Swinging Seniors Exercise, All Tues., and 1st & 3rd Fri. - \$12.00 monthly fee
- ☐ Tai Chi, All Thursdays, - \$15.00 cost per month (Must pay for total month)
- ☐ Tommy Guns Garage Trip, Wed., March 31 - \$41.00 for members, \$46.00 for guests
- ☐ Water Color Night Class., All Wednesday evenings, 7 p.m. - 9:30 p.m. - \$65 for participants
- ☐ Wednesday Senior Club, All Wed. - Call for information
- ☐ Weight Watchers, All Wed. - \$9.95 per meeting



Name _____

Phone _____

Name _____

Phone _____

Ela Township Senior Center

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Ela Township "55 Plus"

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847-438-7823

**Door-to-Door****Bus Service**

847-438-6677

Ela Township Officials

Kimberly Tinerella, Supervisor
Lucy Prouty, Clerk
Pamela J. Hoffman, Assessor
William Kruckenberg, Hwy. Commissioner

Trustees

Brian Burch David Knudtson
Mimi Black Michael P. Sullivan

LOOK INSIDE FOR THESE NEW PROGRAMS

- *Trip:* The Richmond Inn Valentine Tea
- *Trip:* Tommy Guns Garage Trip, Chicago's Roaring Twenties Speakeasy
- *Events:* "Caribbean...Hot, Hot, Hot"
- *Events:* Love Makes the World Go Round Luncheon
- *Events:* Teddy Bear Love Connection
- *Events:* Teddy Bear Tea
- *Events:* Touch of the Irish - Dan Sullivan Luncheon
- *Education:* Needlework & Crafts
- *Education:* Valentine Sachet and Pin Basket Craft



Teddy Bear Love Connection

Seth Paine School,
Lake Zurich, Thursday,
February 5, 1:15 p.m. - 3 p.m.

ECRWSS
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Ela Township "55 Plus"
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Lake Zurich, IL 60047

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